

WELCOME!

to Great Columbia ACH's

Learning Collaborative on The Role of Peer Supports in Providing Care



Please be sure to log your name and organization into the chat box!
Please leave webcams off to allow those with low broadband to be able to enjoy the Learning Collaborative.



The presentations, minutes, and meeting recording will be posted on our website at www.gcach.org and the CSI portal

The convening will begin shortly. Thank you for joining us!

Presented by:

Sam Werdel

*Director of Practice
Transformation*



Diane Halo

Program Director



Martin Sanchez

*Senior Practice Transformation
Navigator*

Today's Agenda

Welcome & Introductions <i>by Sam Werdel, GCACH</i>	1:00-1:05
Peer Support Presentation <i>by Martin Sanchez, GCACH</i>	1:05-1:35
Peer Support, <i>Triumph Treatment Services</i>	1:35-1:50
Peer Support <i>by Christine Hicks, Palouse River Counseling</i>	1:50-2:05
Break	2:05-2:15
Peer Support, <i>Ronni Bachelor, GCACH Board Member</i>	2:15-2:30
Questions <i>by Martin Sanchez, GCACH</i>	2:30-2:45
Closing Discussion <i>by Diane Halo</i>	2:45-3:00



History of Peer Supports in WA

- Started offering Certified Peer Counseling in 2005, one of the first 11 states to deliver peer services, using Medicaid funding
- Initially, peer supports were authorized for mental health care only
- July 1, 2019 expansion of peer support services allowed the use of peer supports as a Medicaid benefit for SUD providers
- BH and SUD providers must contract with Managed Care Organizations (MCO), Behavioral Health Organization (BHO) or Behavioral Health Administrative Service Organization (BHASO)



Peer services Explained

- Individuals going through behavioral health or substance use services are paired with trained peer support counselor who share similar life experiences
- Peer supports can work with adults, youth and the parents of children receiving behavioral health services
- Peer supports assist individuals and families in developing their own recovery goals
- Are able to provide individual or group support in various setting such as BH agencies, SUD treatment programs, hospitals and crisis teams.



Peer services Explained Continued

- Peer supports are able to provide services under the consultation, facilitation, or supervision of a Chemical Dependency Professional or Mental Health Professional who understands rehabilitation and recovery
- Provide scheduled activities that promote recovery, self-advocacy, development of natural supports and maintenance of community living skills
- Peer support services are documented in individuals service plan



How Do I Become a Certified Peer Counselor?

1. Complete our online prerequisite course and send a copy of your certification of completion to peersupportapps@hca.wa.gov.
2. Complete the peer counseling application.
3. Be accepted for, and successfully complete, the HCA-approved CPC training.
4. Take and pass the state CPC oral and written exams.
5. Become credentialed as an Agency-Affiliated Counselor (or other counselor credential) through DOH.

For more detailed information on the DBHR peer certification and training program, please visit our <https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/peer-support>



Operationalizing Peer Support

- Technical assistance training and toolkits are available for those interested in adding peer support services
- Funded through Substance Abuse Block Grant and is offered at no cost to agencies
- Topics included for operationalizing peer supports can include;
 - Peer services implementation
 - Hiring practices
 - Supervision or documentation
- More information;
<https://www.peerworkforcealliance.org/operationalizing-peer-support>



How Peer Recovery Coaches Save Lines in the Emergency Room



Guest Speakers

Triumph Treatment Services

Theresa Adkison - Vice President of Substance Use Disorder Services



Peer Support Services

Triumph's journey to enhance engagement with our patients.



Why Peer Supports?

With lived experience, Peer Supports serve as mentors and sources of hope and inspiration to people who are beginning their journey to recovery.





Funding

- Department of Commerce
- GCACH
- Billing for services





Licensure & Policies

[Behavioral Health Agency License Application \(wa.gov\)](#)

HCA Support: [Peer support](#) | [Washington State Health Care Authority](#)

Research



Triumph Data

Currently enrolled: 25

Total since starting: 69

Not enrolled but received services: 43



Support and Growth opportunities

- Collaboration
- Outreach
- Unbillable services
- Food and clothing pantry



Our Staff

- 4 peer supports and a supervisor also trained
- On the job training
- Continued training and education





Liz Wangler- CPC, CHW





Theresa Adkison, MNLM, SUDP, CPC
(509) 853-4118 tadkison@triumphtx.org

References

- Alegria, M., Frank, R. G., Hansen, H. B., Sharfestien, J. M., Shim, R. S., & Tierney, M. (2021). Transforming Mental Health and Addiction Services. *Health Affairs*, *40*(2), 226–234. Retrieved June 13, 2021, from <https://doi.org/10.1377/hlthaff.2020.01472>
- Davidson, L., Bellamy, C., Guy, K., & Miller, R. (2012). Peer support among persons with severe mental illness: a review of evidence and experience. *World Psychology*, *11*(2), 123–128. <https://doi.org/10.1016/j.wpsych.2012.05.009>
- Gagne, C. A., ScD, Finch, W. L., MSW, MEd, LICSW, Myrick, K. J., MBA, MS, & Davis, L. M., MSW. (2018). Peer workers in the behavioral and integrated workforce: opportunities and future directions. *American Journal of Preventative Medicine*, *54*(6), 258–266. <https://doi.org/10.1016/j.amepre.2018.03.010>
- Lappan, S. N., Brown, A. W., & Hendricks, P. S. (2020). Dropout rates of in-person psychosocial substance use disorder treatments: a systematic review and meta analysis. *Addiction*, *115*(2), 201–217. <https://doi.org/10.1111/add.14793>
- Ledwith, M., & Springett, J. (2010). *Participatory Practice: Community-Based Action for Transformative Change*. Policy Press.
- MaClean, J. C., & Saloner, B. (2018). Substance Use Treatment Provider Behavior and Healthcare Reform: Evidence from Massachusetts. *Health Economics*, *27*, 76–101. <https://doi.org/10.1002/hec.3484>

References Continued

National Association of State Mental Health Program Directors. (2014). *Enhancing the Peer Provider Workforce: Recruitment, Supervision, and Retention* (Assessment #1). SAMHSA.

Peer Support. (2021). Healthcare Authority. <https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/peer-support>

Provisional drug overdose death counts. (2021, October 3). Center for Disease Control. <https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>

Recovery Tools and Resources. (2018, October 12). Substance Abuse and Mental Health Services Administration. Retrieved September 29, 2021, from <https://www.samhsa.gov/brss-tacs/recovery-support-tools-resources>

Resources for Integrated Care. (2014). *Self-Management Support in Behavioral Health: Organizational Assessment Tool*.

Palouse River Counseling

Christine Hicks – WISe Care Coordinator

Break

10 minutes

GCACH

Ronni Bachelor - Board Member



Next Learning Collaborative

Next learning collaborative is:

Thursday June 30th

1:00-3:00 pm

Topic:

Medication Management

Please take our survey.....link in the chat



Contact Us

Sam Werdel

*Director of Practice
Transformation*

swerdel@gcach.org

509.440.0230



Diane Halo

Program Director

dhalo@gcach.org

509.902.2308



Martin Sanchez

*Senior Practice Transformation
Navigator*

msanchez@gcach.org

509.537.2138

Resources

- <https://www.mhanational.org/what-peer>
- <https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/peer-support>
- <https://www.hca.wa.gov/assets/program/sud-peer-services-fact-sheet.pdf>
- <https://www.mentalhealth.org.uk/a-to-z/p/peer-support#:~:text=Peer%20support%20is%20when%20people,or%20practical%20help%2C%20for%20example.>



GREATER COLUMBIA

ACCOUNTABLE COMMUNITY OF HEALTH

THANK YOU