



FRUITS & VEGETABLES *Class*



**The
Idaho
Foodbank**



TUES 10/29/2024

5:30PM – 7pm




Register Now

<https://idahofoodbank.org/events/>

208-746-2288

LIMITED SPACES AVAILABLE



**The Idaho
Foodbank, Nutrition
Education
Specialist, will be
hosting a class
about the
importance of fruits
and vegetables in
your diet.**

**Participants will
complete fun
activities and
prepare a low cost
healthy meal.
Participants will go
home with great
recipes to share.**

