



Youth Support in Washington State Wraparound with Intensive Services (WISe)

3 offices serving youth and families across Benton & Franklin Counties



Kennewick North Office

500 N Morain St., Suite 1200
Kennewick



Kennewick Main Office

3321 W Kennewick Ave. Suite 150
Kennewick



Pasco Office

5710 Bedford St
Pasco



Health. Justice. Hope.

The bigger picture

- Lutheran Community Services Northwest (LCSNW) was founded in 1921 in Tacoma.
- LCSNW Tri-Cities began in 1964 and is one of 8 districts operated by LCSNW across WA, OR and ID.
- There are 8 lines of service across LCSNW:
 1. **Behavioral Health**
 2. **Family and Community Support**
 3. Refugee and Immigrant Services
 4. Child Welfare
 5. Aging and Independent Living
 6. Crime Victim Services
 7. Safe Route Immigration
 8. Housing Services



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Programs and services provided in the Tri-Cities:

- Juvenile Justice Center (JJC)
- Link Program
- Medication Management
- Mental Health First Aid training
- Outpatient Mental Health (OPMH)
- School Based Mental Health
- SWIFT (Stabilization and Wellness in Families)
- WISe (Wraparound with Intensive Services)

Our goal is to keep kids safe in their homes and in their community.



Program snapshots



Benton Franklin Juvenile Justice Center (JJC)

- Program purpose: in partnership with JJC, to help youth in detention process past trauma, manage mental health challenges, and develop the skills necessary for positive growth.



School Based Mental Health (SBMH)

- Program purpose: To create a supportive environment where students can thrive academically, socially, and emotionally.
- Contract with Richland School District

Program snapshots



Stabilization and Wellness in Families (SWIFT)

- Program purpose: To serve youth experiencing a mental health crisis who are at risk of hurting themselves or others. SWIFT is a 90-day, short-term crisis stabilization program.



Wraparound with Intensive Services (WISe)

- Program purpose: To serve youth with mental and behavioral health challenges in their homes and communities in order to decrease the reliance on out-of-home placements.
- WISe is a voluntary program that serves youth under the age of 21 who are Medicaid eligible and have a qualifying mental health diagnosis.

Program snapshots



Medication Management

- Program purpose: To prescribe, monitor, and adjust psychiatric medications.



Link Program

- Program purpose: To connect transition age youth (16-21) with counseling, community resources, and other short and long-term support. Link is a zero-barrier outreach and engagement program.



Outpatient Mental Health (OPMH)

- Program purpose: To empower young people (up to age 21) with the tools and skills to manage their mental health through services such as medication management, case management, and individual, group, and family therapy.

Wraparound with Intensive Services (WISe)

WISe is a *statewide* program that supports individuals (up to 20 years old) who have complex mental health needs.

- Flexible: Delivered where and when it works best for the youth and family.
- Supportive: Crisis services are available 24/7 from people who know the family and have access to current support plans.
- Team-based: Includes professionals, friends, family and others who the youth and family trust.
- Strength-based: Services are tailored to fit the youth and family by leveraging the strengths of them and the team.



What does this mean for you?

No matter what county, across the state, there is a WISE program available.

County	Contact(s) for WISE referrals	Phone
Adams	Adams County Integrated Health Care Services	509-488-5611
Asotin	Quality Behavioral Health	509-758-3341
Benton	Comprehensive Healthcare	509-575-4084
	Luthern Community Services	509-735-6446 or 800
	Three Rivers Therapy (does not accept Molina)	509-378-5553
Chelan	Children's Home Society of Washington	509-663-0034
Clallam	Peninsula Behavioral Health	360-457-0431 or 800
Clark	Catholic Community Services	360-567-2211 or 360
Columbia	Comprehensive Healthcare	509-792-1726
Cowlitz	Catholic Community Services	360-567-2211 or 360
	Columbia Wellness	360-423-0203
	Community Integrated Health Services – CIHS (does not accept Molina)	360-261-6930 or 855
Douglas	Children's Home Society of Washington	509-663-0034
Ferry	North East Washington Alliance Counseling Services	509-775-3341
Franklin	Lutheran Community Services	509-735-6446 or 800
	Three Rivers Therapy (does not accept Molina)	509-378-5553
Garfield	Quality Behavioral Health	509-758-3341
Grant	Renew (formerly Grant Integrated Services)	509-765-9239 Ext. 54 Fax referrals: 509-76

Youth Mental Health and Crisis Intervention

Age doesn't matter!

- Oftentimes our kids are moving targets developmentally.
- When it comes to brain development the age of a child is less important than the stage of skill development.
- Interventions must focus on treating stress and teaching skills, not what's "age appropriate."

But Patterns do!

- Any behavior that persists is working for the individual involved.
- Every interaction is a chance to reinforce positive or negative patterns of behavior.
- Behavior is contagious, whether it's positive or negative.
- Changing behavior starts with finding ways to break up existing patterns.

Why would anyone act that way?

Factors that may influence behavior

- Medications
- Medical complications
- Sleep patterns
- Eating routine/diet
- Schedule
- Predictability factor
- Choice-making opportunities
- Number of people/interactions
- Motivational value of rewards or tasks
- Time of day
- Setting
- Who is around
- Precipitating factors

What can you do to help?

Ask “what” Questions! We need data...

- What are the conditions under which the behavior is most (and least) likely to occur?
- What are the consequences that maintain or accelerate the behavior?
- What environmental factors reduce this behavior?
- What is the person *trying to get or get away from* when crisis is occurring?
- What is one thing we can do right now to make things better?

Help families find and connect with community resources.



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Lastly...

“You’re doing hard work. You’ve got hard things and stressors to face outside of work. It’s cumulative, and we acknowledge it’s not easy.”

Laura Van Dernoot-Lipsky



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Connect with us:



lcsnw.org/office/tri-cities



TRI-Referrals_Mail_List@lcsnw.org



509-735-6446



@lcsnwtricity



@lcsnw_tricity

Thank you!



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